



Extra Rich Gourmet Cocoa

Nutritional Facts

Serving Size: 8 FL ozs

Servings per container: about 28

Amount per serving %Daily*

Calories 90 Calories from fat 12

Total Fat	1.5g	3%
Saturated Fat	1.2g	6%
Cholesterol	0mg	0%
Sodium	150mg	6%
Total Carbohydrate	19g	6%
Dietary Fiber	1g	4%
Sugars	17g	
Protein	4g	

Calcium	6%	Iron	1%
Vitamin A	0%	Vitamin C	0%

*Percent Daily Values are based on a 2,000 calorie diet
Your daily values may be higher or lower depending on your calorie needs

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrate	Less than	300g	375g
Fiber		25g	30g
Protein		50g	65g

Caffeine content: 7.5 mg

Ingredients

Sugar, whey, corn syrup solids, cocoa (processed with alkali), partially hydrogenated soybean oil, potassium caseinate, cellulose gum, salt, artificial flavor, mono- and diglycerides, dipotassium phosphate, sodium silicoaluminate, soy lecithin and artificial color.